

Gina Rose Lesako RD, LDN

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Professional Experiences:

Clinical Dietitian, Food Service Coordinator, Wellness Program Educator

GoldenLiving, Cumberland, MD

Winter 2009-Present

- Provided medical nutrition therapy for a 134 bed skilled nursing facility, specializing in dysphasia, enteral nutrition, dialysis/chronic kidney disease management, wound care, cancer and diabetes management.
- Managed quality assurance for kitchen sanitation, procurement, palatability of meals, and food safety.
- Worked as an integral part of an interdisciplinary team to manage patient care.
- Initiated a facility wellness program providing nutrition counseling to staff and their families.

Clinical Dietitian, UPMC- Passavant Hospital

Pittsburgh, PA

Fall 2008- Winter 2009

- Responsible for providing all aspects of nutrition care and management to 18-25 patients per day
- Enhanced clinical skills in areas of long term care, rehabilitation, and intensive care
- Improved counseling skills in diabetes, cardiac, oncology, and GI disorders
- Trained two University of Pittsburgh Masters students during clinical rotation

Professional Presentation and Communication Skills:

- Selected for poster presentation and publication of an abstract-poster entitled: "Dietetic Interns Step outside the Box to Create an Employee Wellness Program: Barriers, Challenges and Lessons Learned" at the 2008 American Dietetic Association FNCE meeting in Chicago, Illinois.
- Featured in the Pittsburgh Post-Gazette, "Boost your resolve with these ideas" (<http://www.post-gazette.com/pg/08364/937797-34.stm>) and on LIVESTRONG.com "Post Workout Meal for Weightloss" <http://www.livestrong.com/article/124586-post-workout-meal-weight-loss/>

Leadership and Team Building:

- Executed weekly nutrition risk meeting and clinical rounds at GoldenLiving for interdisciplinary team.
- Improved food quality and customer service relations in food service department at GoldenLiving.
- Re-structured Student Dietetic Association positions responsibilities with increased underclassman involvement as President (Fall 2006-Spring 2007).
- Organized service events as pledge class president, Alpha Phi Omega, National Co-Ed Service Fraternity (Fall 2006-Spring 2007)

Computer Skills:

- Certified in the American Medical Informatic Association's 10x10 Program in Healthcare Informatics, database management, and electronic charting
- Developed a data visualization using Microsoft's Many Eyes program for the USDA's Food Safety Information Center on FDA import refusals
- Strong knowledge and experience with Microsoft Word, PowerPoint, and Access

Dietetic Intern, University of Maryland

College Park, MD

Fall 2007– Summer 2008

- Achieved proficiency in electronic charting (CERNER PowerChart System)
- Enhanced outpatient management skills in adult diabetes, childhood obesity, cystic fibrosis, and adult renal nutrition
- Collaborated with team for projects including University Dining Services employee wellness pilot, PowerPoint lecture for seniors in continuing care community, Food Stamp Nutrition Education Program presentation to underserved clients

Education:

B.S., Nutrition Science, Kent State University

Kent, OH

Fall 2003-Spring 2007

The University of Maryland at College Park Dietetic Internship

Fall 2007-Summer 2008

The University of Minnesota School of Nursing AMIA 10x10

Winter 2010

Memberships and Certifications

American Dietetic Association, including Dietitians in Healthcare Communities, SCAN (Sports, Cardiovascular, and Wellness Nutrition), and Dietitians in Business and Communications, Maryland Dietetic Association, Star level one Spinning instructor, Maryland Dietetic Association, American Medical Informatics Association